

AGENDA

	AUDITORIUM	CHORUS ROOM 10.107	BAND ROOM 10.117	CLASS ROOM 10.017	ORCHESTRA ROOM 10.112	COMPUTER ROOM 8.124
9:00AM-9:45AM	WELCOME EVERYONE & NPC NEWS ANNOUNCEMENTS VINCE CRAWFORD					
10:00AM-10:45AM	HEALTHY BODYBUILDING 8X MR. OLYMPIA LEE HANEY & 8X MS OLYMPIA LENDA MURRAY	1ST TIMERS WHAT TO KNOW BEFORE YOUR SHOW MARIE ANNE NEWMAN, KELLY PRUETT & JUDY GAILLARD	COMPETING IN THE MASTERS DIVISION JOANN NORWOOD, ALLEN SIZEMORE	COMPETE NPC NATURAL BECKY CLAWSON	MUSCLE MAINTENANCE DENISE LESLIE & MEDICAL SPORTS MASSAGE STAFF	PROMOTE MY SHOW PROMOTER ANNOUNCEMENTS & SOCIAL MEDIA WHITNEY WISER SAVAGE (PROMOTERS ONLY)
11:00AM-12NOON	TRANSFORM YOUR BODY/ TRAIN FOR A SHOW JOHNNY STEWART, DARRON GLEN & MORRIS PRUETT	Chorus room 10.107 Yoga Bring a mat & Water Cleve Willis Classroom 8.131 THE ANSWER IS IN YOUR BLOOD RACHEL STUCKART	YOUR STAGE PRESENCE MATTERS MALE & FEMALE PANEL BOMBSHELL, LSR, SPRAYTANS BY MAGGIE, & ELITE PERFORMANCE TANNING	TURN PASSION TO PROFIT NIL, BRAND, BUSINESS. CJ	NPC STAFF & TRAINING EXPEDITORS TICKETS TROPHY PRESENTERS STATSTICIANS ALLEN & BECCA SIZEMORE & STEVE PAYNE	ELEVATE MY SHOW STAGE, LIGHTING, MUSIC, CUTTING COSTS, RESOURCES SERGE SARIC & LLOYD TERRY, JR. (PROMOTERS ONLY)

12NOON-12:30PM

LUNCH BREAK

12NOON-12:30PM

12:30PM-1:15PM	HOW TO TRAIN IN THE GYM - VINCE CRAWFORD & OLIVIA TERRY	PRACTICE WITH THE PROS - MEN'S BODYBUILDING BART TOMKINS, TIMMY GAILLARD, JOHNNY STEWART, DARRON GLENN, MORRIS PRUETT, ANDREA SHAW	PRACTICE WITH THE PROS - WELLNESS, FIGURE, FITNESS (R1) JOANN NORWOOD, RAEANN COLLINS, DEE JACKSON, CARA DAVIS, JESSICA HAYMAN, BECCA SIZEMORE, NICOLE DUNCAN, AMANDA SINK, ANNA CHISM & TIFFANY CHANDLER, MO NEWMAN, KELLY PRUETT - EXPEDITING - JANET	I.A.F.S. PERSONAL TRAINING CERTIFICATION LEE HANEY \$100	PRACTICE WITH THE PROS - MEN'S PHYSIQUE EMANUAL HUNTER - SERGE SARIC, BUBBY LUPO, CHIP WHITE - EXPEDITING - ALLEN	
1:30PM-2:15PM	PRACTICE WITH THE PROS - BIKINI JOURDANNE LEE, VANIA AUGUSTE, JESSICA DOLIAS, LAUREN ADAMS, JENNY CLAPP, BECKY CLAWSON, SERGE SARIC, JUDY GAILLARD, JANET DAVIS - EXPEDITING - STEVE	PRACTICE WITH THE PROS - MEN'S CLASSIC PHYSIQUE BARRY IRVING, JASON BYRD, MORRIS PRUETT, VINCE CRAWFORD, ALLEN SIZEMORE - EXPEDITING - BRIAN BEELER	HEART HEALTH	PRACTICE WITH THE PROS - WOMEN'S BODYBUILDING & WOMEN'S PHYSIQUE ANDREA SHAW, OLIVIA TERRY, JUDY GAILLARD, JANET DAVIS	PRACTICE WITH THE PROS - FITNESS (R2) BECCA SIZEMORE, NICOLE DUNCAN, AMANDA SINK, ANNA ADAMS, TIFFANY CHANDLER	
2:30PM-4:00PM	OPEN PANEL Q & A BECKY CLAWSON, SERGE SARIC, MO NEWMAN, ANDREA SHAW, LENDA MURRAY					